



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

What to Expect When You Return to the YMCA

Welcome Back to our Pools! We look forward to seeing you soon. When you come to the Nir Family YMCA, please enter through our Main Entrance to access our indoor pools.

Before you return to the YMCA, please remember to:

- Reserve a lane one hour prior to coming to the YMCA using our website or mobile app
- Arrive 15 minutes early to allow time for screening
- Arrive swim ready. Our locker rooms will not be open for changing/shower during phase 2
- Bring your own water and equipment (kickboards, buoys, jogging belts, hand paddles) The Y will not have equipment available for members to use at this time, water fountains are bottle fill only.

Here's what you can expect:

- Y Staff will greet you with a big smile, hidden behind a face mask
- You will be asked a few screening questions upon entering, provided by the CDC.
- We will take your temperature using a contactless thermometer, one time only. Any person with a temperature over 100.4 degrees will not be permitted into our facilities for 72 hours as a safety precaution.
- We ask that you fill out a one-time waiver. [Click here to sign our waiver online prior to coming.](#)
- We will verify your lane/class reservation using our online reservation system.
- Follow the directional signs and social distancing markers throughout the facility
- To access our pools, you will be directed to walk through our Family Locker Room. Locker rooms will not be open for changing/showers during phase 2
- Prior to entering the water, you will be directed to rinse off using the cold water showers on deck.
- Staff will give you a 5 minute reminder that your time in the water is almost up
- As we clear out our pool deck between swim groups, we will clean and sanitize for the next group of swimmers

Thank you for your patience and cooperation as we safely begin to reopen our pools. These guidelines are fluid and may change as our state moves forward in reopening.

Thank you for being a part of the Y, and thank you for staying with us.