

# Narwhals Summer Swim Team Dates!



## Practice Schedule

### WHEN?

**Monday - Thursday, starting  
Monday, June 8th**

10 and Under  
8:45am-9:45am

11 and Over  
7:45am-8:45am

### WHERE?

**Robert Strange Pool**

401 S 10th St,  
Wilmington, NC 28401

## Swim Meet Schedule & Themes!

Date	Team	Theme	Volunteers Needed:
Thursday, June 11 <sup>th</sup>	Hampstead @ Home 4pm Warm-Up/5pm Start	Down on the Farm	12 Timers, 1 Stroke and Turn, 1 Starter, 1 Scorekeeper
Monday, June 15 <sup>th</sup>	WSST @ Legion 4:30pm Warm-Up/5pm Start	Twin Day	12 Timers, 1 Stroke and Turn
Monday, June 22 <sup>nd</sup>	Relay Meet @ CFCC Time TBD	Team Colors	Not sure until closer to date
Thursday, June 25 <sup>th</sup>	MOCC @ Home 4pm Warm-Up/5pm Start	TBD!	12 Timers, 1 Stroke and Turn, 1 Starter, 1 Scorekeeper
Thursday, July 9 <sup>th</sup>	PNCC @ Home 4pm Warm-Up/5pm Start	Patriot Day & Senior Night!	12 Timers, 1 Stroke and Turn, 1 Starter, 1 Scorekeeper
Tuesday, July 14 <sup>th</sup>	CCL @ Home 4pm Warm-Up/5pm Start	Hawaiian	12 Timers, 1 Stroke and Turn, 1 Starter, 1 Scorekeeper
Sunday, July 19 <sup>th</sup> and Monday, July 20 <sup>th</sup>	Champs @ CFCC Times TBD	Team Colors	Not sure until closer to date

Questions? Email [Lindsey.Hays@ymcasenc.org](mailto:Lindsey.Hays@ymcasenc.org)